

High School 4-Year Plan				
Dates	Freshman	Sophomore	Junior	Senior
	Vaping: Nicotine & the Brain	Vaping: Nicotine, the Brain, & Safety	Vaping: Myth vs. Fact	Vaping Facts #2
	Vaping Facts #1	Marijuana: Chemicals & Legalities	Marijuana Facts	Marijuana Dangers
	Marijuana: Chemicals, Usage, Extracts, & Potency	Adolescent Brain Development	Prescription Medications	Truancy & Behaviors
	Digital Use: Social Media/Internet & Mental Health	Truancy: Definition & Risks	Fentanyl: Dangers & Overdose	Fentanyl: Pharmaceutical & Illicit
	Digital Use: Cyberbullying	Fentanyl: Danger & Abuse	Alcohol & DUI	Triggers & Self-Control #1
	Prescription Medication: Use & Effects on the Brain	Trigger: Identification & Response	Triggers & Self-Control #2	Coping Skills & Anger Management
	Fentanyl: Use, Danger, & Overdose	Coping Skills	Coping Skills to Reduce Negative Interactions	Alcohol: Binge Drinking
	Alcohol: Effects and Facts	Alcohol: Myth vs. Fact	Anger Management	Risks of Addiction
	Anger Management: Triggers & Coping Skills	Prescription Medication Abuse	Truancy: Consequences	Addiction & Recovery